

How to Support Your Child's Learning

FAM – Families Are Magic

Make Learning Fun

- Help your child see that learning is a constant process and that it can be enjoyable.
- Do activities together that are both fun and educational.

READ, READ, and READ

- Read with and to your child daily, and read in the evening instead of watching TV.
- Surround your child with a variety of reading material that suit his/her interest.



Establish Healthy Habits

- Make sure your child gets at least 8 hours of sleep.
- Provide nutritious snacks and meals and always feed them breakfast.
- Come up with meal ideas and prepare meals together.
- Encourage lots of physical exercise.

Structure and Routine

- Have a schedule:
 - Eat dinner together each night;
 - Set a bedtime and stick to it;
 - Make breakfast together each morning.
- Allow time for your child to relax.
- Give your child a hug and say “I love you” everyday.
- Pack lunches and pick out clothes the night before.

Homework

- Have a quiet place where your child can do homework without distractions.
- Make sure all homework is done and all papers signed before going to bed.
- Make sure your children have all of the supplies they need before starting their homework.

Helping with Homework

- Have Family Homework Time:
 - Pay bills or read while your child works;
 - If “no homework” is required that night use that time for reading or doing a puzzle, etc.
- Assist with problems and check work when needed, but don't DO the homework.



Develop Positive Relationships

- Communication with your child's teacher is important.
- Attend all parent/teacher meetings.
- Pay attention to notes and all work sent home.

Positive Attitude

- Motivate your child.
- Talk to them about the importance of education and learning.

Learning Outside of School

- Incorporate learning into all activities like shopping, cooking, etc.
- Encourage your child to ask questions, and make them think of “Why?” before you answer.

Be an Advocate for your Child

- Become involved in your child's education.
- Ensure your child's needs are met.