

Adventures in Summer Learning for Teenagers

According to Johns Hopkins University Center for Summer Learning, all young people have a loss of learning during the summer months. Their research found that many students lose up to two months worth of competency in math skills. James Kim, Assistant Professor of Education at Harvard University, cites similar concerns about loss of reading competency.

PREVENT THE SUMMER SLUMP

- Encourage your teenager to keep a summer journal
- Integrate reading into your teen's daily routine
- If your teenager is a sophomore, junior or senior, encourage him/her to begin to prepare for the PSAT, SAT or ACT
- Challenge your teenager to learn one vocabulary word everyday
- If your teenager is a junior, begin to explore college websites or schedule campus visits
- Bring learning tools with you when your family travels
- Live healthy together & be a positive role model for your teen

Online Resources for Teenagers:

- ❖ Prepare for the SAT: <http://sat.collegeboard.org/practice/sat-study-plan>
- ❖ Prepare for the ACT: <http://www.sparknotes.com/testprep/books/act/>
- ❖ Vocabulary Tests: http://vocabtest.com/high_school/
- ❖ **Khan Academy:** With over 3,100 videos on everything from arithmetic to physics, finance, and history and hundreds of skills to practice, Khan Academy will help your teenagers learn what they want, when they want, at their own pace. <http://www.khanacademy.org/>


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