

Using Storytime to Develop Resilience in Young Children

Children love stories. But did you know that reading to young children not only increases their academic skills, but teaches them skills they need to be successful in life? When coupled with planned activities, stories help develop their social and emotional competence, strengthen their relationship with the storyteller, teach healthy coping skills, minimize the impact of trauma, provide the opportunities to learn how to manage feelings in a healthy way and provide the foundation for children to face life's ongoing challenges with confidence and skill. In short, Storytime helps build resilience.

What you will get from this training: The knowledge and skills to enable you to train a wide population of parents and professionals who work with children, a complete curriculum with suggested stories and activities, numerous handouts and materials for parents, and a comprehensive list of books selected to build resilience skills.

Target Audience: Managers, supervisors and coordinators of parent educators, social workers, therapists, in home providers, librarians, and others who work with children.

WHEN: Wednesday, 9am to Noon
January 17, 2018

WHERE: SCAN's Henrico CAC
2006 Bremono Road

COST: \$125: includes USB,
curriculum & materials

SPACE IS LIMITED

**Email Melissa McGinn to
register**

mmcginn@grscan.com

About the Trainer: Margo Buchanan works for Greater Richmond SCAN and Henrico County Public Schools as a Licensed Clinical Social Worker. She utilizes trauma-informed, play therapy practices, including expressive arts and literature, through her interventions with children, families and school staff. Margo is an experienced trainer and consultant, and former pre-school teacher.



What Participants Have to Say...

"This training helped me both professionally and personally."

"Great concept! I can be more intentional about choosing stories use stories to build protective factors"

"I will change the way I read stories to children."

"I will use what I learned today to make reading more fun and educational."

"I will help children use their brain more."

"I will include stories in life skills class with incarcerated parents during children's visitation ...in the work I do as CASA worker with foster /birth parents & children."