

## Using Storytime to Develop Resilience in Young Children

*Children love stories. But did you know that reading to young children not only increases their academic skills, but teaches them skills they need to be successful in life?* When coupled with planned activities, stories help develop their social and emotional competence, strengthen their relationship with the storyteller, teach healthy coping skills, minimize the impact of trauma, provide the opportunities to learn how to manage feelings in a healthy way and provide the foundation for children to face life's ongoing challenges with confidence and skill. In short, Storytime helps build resilience.

**What you will get from this training:** The knowledge and skills to enable you to train a wide population of parents and professionals who work with children, a complete curriculum with suggested stories and activities, numerous handouts and materials for parents, and a comprehensive list of books selected to build resilience skills.

**Target Audience:** Early childhood educators, parent educators, social workers, therapists, in home providers, librarians, and others who work with children.

**WHEN:** Saturday, 9am to 12pm  
October 6, 2018

**WHERE:** SCAN's Henrico CAC  
2006 Bremono Road

**COST:** \$125: includes USB,  
curriculum & materials

**SPACE IS LIMITED**

**Email Melissa McGinn to  
register**

**[mmcginn@grscan.com](mailto:mmcginn@grscan.com)**

**About the Trainer:** Margo Buchanan is a LCSW and works for SCAN as both a Trauma-Informed Child and Family Therapist and as Coordinator of a Partnership focused on increasing trauma-informed care and resiliency in the Richmond Public School system. She utilizes trauma-informed, play therapy practices, including expressive arts and literature, through her interventions with children, families and school staff. Margo is an experienced trainer, consultant, and former pre-school teacher.



### What Participants Have to Say...

"This training helped me both professionally and personally."

"Great concept! I can be more intentional about choosing stories use stories to build protective factors"

"I will change the way I read stories to children."

"I will use what I learned today to make reading more fun and educational."

"I will help children use their brain more."

"I will include stories in life skills class with incarcerated parents during children's visitation ...in the work I do as CASA worker with foster /birth parents & children."